

Dynamo Recreation

Parent Rules and Expectations

1. Dynamo Philosophy (see handbook/website for more)

- NO coaching from sidelines during games
- NO calling out individual players' names during games. General positive cheers like "Go Blue" are encouraged.

Referees will enforce these rules and will stop play until the situation is under control. *Parents who have the urge to shout out instructions to players, coaches, or referees should control themselves or find another league.*

2. Volunteering

Dynamo is an all-volunteer league. Everybody helps. If you are not already acting as a coach or commissioner, possible volunteer roles include:

Team Parent. Duties:

- Email recreation@pittsburghdynamo.org to let the commissioner know you are the team parent.
- Consolidate contact info and game schedule and distribute it to other parents.
- Make a snack schedule for games if your team wishes to have snacks.
- Collect printed waivers and hold until end of season.
- Make sure your team has at least two field setup volunteers (the more the better) and they know what days/times they have to set up for.

Field Setup. Duties:

- Equipment box code: _____
- Come at least 15 minutes early to games whenever your team plays the first game of the day in its age level.
- For artificial turf games: Measure out two fields (80' x 60' for U6; 100' x 70' for U7&U8).
- For grass games: check paint and, if needed, paint field 30 min or more before game.
- Line the field with flat cones, put taller cones in the corners, put out pop-up goals and sand bottles (U8 and below; inflatable or metal goals with nets for U10 and above)

Events. Duties: Respond to email calls to help with events.

Become a referee.

- Dynamo desperately needs more adult referees. Training takes place in December or January for the following year. Contact refrec@pittsburghdynamo.org for more info.

3. Remain by the field during practices and games.

To ensure the safety of your own child and to allow the coach to focus on coaching the whole team, please REMAIN AT YOUR TEAM'S FIELD SIDE as much as possible. If you do have to leave briefly, designate another parent to be responsible for your child.

Questions? Email recreation@pittsburghdynamo.org