

Recreation League Field Setup Instructions

Spring 2010

General Instructions:

Get the Master Schedule to help you determine when your team will need to set up or clean up. You can download from www.pittsburghdynamo.org once it is posted: Click on Recreation--> Schedule, and scroll down until you find the master schedule/field assignment file.

Allow 15 minutes before the game to set up if you play the first game of the day (longer for U10). Clean up promptly if the game after you has a different setup.

Instructions below are separated by general location: artificial turf (the artificial surface inside the small track) and grass (the large grass field). The game schedule notes where your games will be held, though on Sundays there may be changes on a week-to-week basis as we accommodate the Travel league's schedule.

Instructions for artificial turf games (shown in map below):

U5/U6 turf games (One quadrant, identical setup)

1. Check your schedule and the master schedule. If there is another U5 or U6 game before you on your quadrant, you will not need to set up. If there is no game before you, or if the game before you is another age level, you will need to:
2. Line two 80' by 60' fields (using flat cones) within your quadrant of the turf field. Cones are kept in the green storage boxes by the grass fields, code 2815. There are also large tape measures in the boxes. You can also use the tennis courts as a guide: the posts in the fence are 10' apart.
3. Bring out four pop-up goals and secure them with sand bottles or sand bags.
4. Clean up: If there are no U5, U6, U7, or U8 games after your game on the same field, put all the equipment away when your game is over.

U7/ U8 turf games (Two quadrants, identical setup)

1. U7 and U8 use the same field size, so if there is a U7 or U8 game before you, you will not need to set up. If there is no game before yours, or if the game is not U7/U8, you will need to set up.
2. Line two 100' by 70' fields (using flat cones), one on each quadrant. Cones are kept in the green storage boxes by the grass fields, code 2815. There are large tape measures in the boxes. You can also use the tennis courts as a guide: the posts in the fence are 10' apart.
3. Bring out four pop-up goals and secure them with sand bottles.

Cleanup: If there are no U5, U6, U7, or U8 games after your game, put all the equipment away when your game is over.



U10 (always on turf): Two quadrants (half field, perpendicular to full field)

1. Bring in the sidelines to 112' (or whatever looks appropriate) using cones. Put corner flags in the corners. The tennis court posts are 10' apart and can be used as a guide.
2. Set up two inflatable goals (from large green locker) and secure them with sandbags. Give yourself at least 15 minutes for each goal the first time you do this. You can get started on the goals on the sidelines even if there is an ongoing game. NB: If you use U10 or U12 metal goals, you MUST secure them with at least four heavy sand bags. No exceptions. THESE GOALS ARE DEADLY IF THEY TIP.
3. Clean-up: Deflate and put away the goals after the game. Put away the cones and corner flags. For metal goals, chain them to the tennis court fence.

U14 (always on turf): Full field

The 1:00 teams will set up, the 2:30 teams will clean up.

Setup: reduce the field size as much as you wish with cones and/or by bringing in the metal goals. Put out corner flags.

Clean-up: move the goals back to the edges of the field, pick up cones. You can leave corner flags and a pile of cones out for the U10 teams.

MAKE SURE THE GOALS HAVE AT LEAST FOUR SANDBAGS. THESE GOALS ARE DEADLY IF THEY TIP.

Instructions for GRASS games (not shown...stay tuned for an update after the fields are painted):

Before the first game, the league will paint two pairs of U5/U6 microfields (i.e., two 80' x 60' fields) and one pair of U7/U8 microfields (100' x 70')

These fields must be re-painted periodically to maintain the lines. This is your responsibility. Don't let the lines fade completely. Painting them from scratch is much, much harder than just going over the existing lines.

-Note that the paint takes about 30 minutes to dry.

-Cans of paint and a sprayer can be found in the green lockers.

-The paint should not be inhaled by children—do not let children do the spraying, since they are lower to the ground and will inhale more of it.

U5/6 Grass games:

If your team has a game on grass coming up, check whether it is the first game of the day on the U5/U6 fields (see Master Schedule to confirm; remember there are two pairs of field of this size). If it is the first game, then it is your team's responsibility to check the field at least 30 minutes prior to the game and repaint the lines if needed. (Re-painting may be done up to two days ahead of time.)

Put out four pop-up goals (two on each microfield).

Line the fields with cones as needed to reinforce the boundaries.

Put tall cones in corners of each field.

U7/U8 Grass games:

If your team has a game on grass coming up, check whether it is the first game of the day on the U7/U8 field (see Master Schedule to confirm; remember there is only one set of U7/U8 size grass fields). If it is the first game, then it is your team's responsibility to check the field at least 30 minutes prior to the game and repaint the lines if needed. (Re-painting may be done up to two days ahead of time.)

Put out four pop-up goals, two on each field.

Line the field with cones to reinforce the boundaries.

Put a tall cone in each corner.

Nervous? Not sure what to do?

Most likely, another parent on your team has done this before and can be a resource. If not, contact the league commissioners (recreation@pittsburghdynamo.org) and they will find someone to train you before the first time you have to set up.